

## Students on medical mission trip aim to reduce barriers to care

Each summer for the past 12 years, villagers in remote regions of Peru patiently await the arrival of doctors, medical students and other healthcare professionals so that they can access much-needed medical care and education. This year, the Peru Health Outreach Project (PHOP) team arrived in Peru's Chincha region in mid-June, spending two weeks staffing the local clinic and running a health fair. Each morning the team looked forward to seeing Sandra, a local Peruvian woman, who greeted the members with terms of endearment, such as "amor" and "bella," to express the community's appreciation.

This annual student-run project is a collaboration between Case Western Reserve University School of Medicine University Program and College Program (CCLCM) students. The group works closely with the Peruvian American Medical Society to organize the trip. This year's team of 19 included caregivers from Cleveland Clinic, including pediatrics resident Sumeet Gill, MD, and Lutheran Hospital; three CWRU School of Medicine University Program students; and four CCLCM students: Matthew Nagy ('23), Stephanie Njemanze ('23), student leader Anthony Onuzuruike ('23) and Surabhi Tewari ('23). Sangeeta Kashyap, MD, Professor of Medicine, and Monica Yepes-Rios, MD, Associate



*continued >>*

# Students on medical mission trip aim to reduce barriers to care *continued*

Professor of Medicine, served as faculty participants on the trip. Katherine Jones, DO, Clinical Assistant Professor of Family Medicine, and Sangeeta Krishna, MD, Associate Professor of Pediatrics, helped organize the trip and served as the advisors.

To help empower the Peruvian community, the group offered a health fair that combined education with screenings for gastrointestinal (GI) disease, cancer, dental health, diabetes and blood pressure. At the dental station, for example, the students taught participants how to exercise proper hygiene through brushing teeth and using dental floss. The students taught parents how to brush their young children's teeth, stressing how the health of baby teeth impacts that of adult teeth.

At the GI station, the students helped educate participants about various GI disorders, symptoms and risk factors. They offered recommendations for incorporating a healthy diet and physical activity into their lifestyle. Access to healthcare is just one problem

for this indigenous population; they also struggle to get affordable health resources. At the vision station, the students both educated participants on the dangers of ultraviolet light and, after performing vision testing, distributed free eyeglasses to those who needed them.

As with many mission trips, working through the language barrier can feel overwhelming. Lutheran Hospital caregiver Tia-Tamera Lester used technology to her advantage. She downloaded a phone app that included both text and audio translation, which helped her communicate with the locals. Although many of the students possess strong Spanish-speaking skills, they exceeded their goal of improving their Spanish during the two weeks.

For the students, the trip serves as an opportunity to shadow physicians, volunteer at various clinics in the region, and conduct global health research. Anthony shadowed at a clinic in El Carmen, a province of Chincha with a thriving Afro-Peruvian culture. The students also increased their

understanding of global medical practices — physicians without access to the latest technology and tools must rely almost entirely on physical diagnosis — while immersing themselves in a different culture.

Anthony felt privileged to participate in the Peru trip because he got to travel to a new country and practice a new language. He is particularly mindful of the villagers' socioeconomic status and other social determinants of health, admitting that the group could accomplish only so much in two weeks. "Education is the longest acting impact that we could provide," he says.

Like Anthony, Matthew is keenly aware of the barriers the villagers face. "PHOP was an excellent experience, not only because we were able to provide free health education and screening to the community, but specifically because we have a long-term partnership with the clinic in Chincha," says Matthew. He is confident that over time the PHOP teams will make great strides in breaking down those barriers to care.



## Dr. Sangeeta Krishna steps away from advisor role

After 11 highly successful years of leading the Peru Health Outreach Project (PHOP), Sangeeta Krishna, MD, Associate Professor of Pediatrics, is stepping away from her role as PHOP advisor.

Under Dr. Krishna's leadership, PHOP experienced much growth including:

- evolving from working with one partner clinic in the Sacred Valley to working with several health outposts
- setting up a collaboration with the Peruvian American Medical Society, and adding the Chinchu Clinic to the PHOP agenda
- encouraging and facilitating interprofessional collaboration among physicians, medical students, nurses, nursing students, therapists, optometrists, pharmacists and other healthcare professionals
- increasing the number of participants, including residents and fellows, each year, including those from CWRU and several other institutions
- encouraging research and scholarship from trip participants, who have presented at regional and national meetings and received awards
- expanding the services to include diabetes, dental, metabolic syndrome and vision screenings, SIDS education and breastfeeding support
- providing a platform for students and residents to develop leadership skills in organization and troubleshooting on the ground for unanticipated events

Dr. Krishna also is the founding faculty member of the "Global Health Workshops," now in its seventh year. The workshop includes invited speakers and discussions on the cultural and ethical issues related to the practice of medicine overseas. The workshops won a Scholarship in Teaching Award from Case Western Reserve University in 2012.

"We are sincerely grateful to Dr. Krishna for sharing her passion for global health with our students. Each year, countless underserved Peruvians benefit from this team's efforts," says Bud Isaacson, MD, Associate Professor of Medicine and Executive Dean of CCLCM.

Katherine Jones, DO, Clinical Assistant Professor of Family Medicine, and Kam Lam, MD, MPH, MS, Assistant Professor of Pediatrics, have agreed to serve as PHOP co-directors. "Since starting in this role in December, I have had the privilege of teaching and learning from our talented students and was able to see their hard work flourish this June in Chinchu, Peru. Dr. Lam and I are passionate about continuing the strong relationships that have been curated over the years with our Peruvian counterparts," says Dr. Jones.

The group will also rely on the help and expertise of Jorge Ataucuri-Vargas, MD. Dr. Krishna first met Dr. Ataucuri-Vargas while he was a medical student doing his community service rotation in the Sacred Valley and supported him in his interest to come to the U.S. for residency. The pair kept in touch. After graduation, Dr. Ataucuri-Vargas completed an observership at Cleveland Clinic, supervised by Humberto Choi, MD, Assistant Professor of Medicine. He completed his internal medicine residency and chief resident year in New York, and has since joined Cleveland Clinic as a pulmonary critical care fellow. "It is a pleasure to see Jorge on our campus, and I look forward to seeing his contributions to PHOP!" says Dr. Krishna.

Dr. Krishna shares that her favorite part of PHOP is all the relationships she has forged, working closely with the students and the Peruvian doctors. "I am grateful for this wonderful opportunity and have enjoyed every moment of my time with PHOP, seeing it grow and thrive! I am confident I am leaving PHOP in a very good spot," she says.

Students and staff interested in participating in the June 2020 trip may contact [jonesK19@ccf.org](mailto:jonesK19@ccf.org) for details.



Sangeeta Krishna, MD



Suet Kam Lam, MD, MPH, MS



Katherine Jones, DO

## Virtual cadavers in the news

CCLCM's use of virtual reality to help students learn anatomy was recently covered by CGTN America in an article entitled "[Cadavers get new life in unique medical curriculum in US.](#)"

Neil Mehta, MBBS, MS, Professor of Medicine and Associate Dean for Curricular Affairs, Janet Adegboye ('20) and Cory Heizenrader, President of Zygote Medical Education, were interviewed for the article.

## CHANGES TO MSPRC MEMBERSHIP

### Dr. Richard Lang steps away

Richard Lang, MD, Associate Professor of Medicine and Vice Chair of the Medical Student Promotion and Review Committee (MSPRC), is stepping away from his vice chair role, which he has held since the committee was established in 2004.

"We are deeply indebted to Dr. Lang for his longtime service and leadership," says Bud Isaacson, MD, Associate Professor of Medicine and Executive Dean of CCLCM. "His leadership helped create the MSPRC, and both his involvement and guidance were integral to the success of the committee."

A search for a new vice chair is underway.



Richard Lang, MD

### New members join the committee

Please join us in welcoming two new members to the MSPRC:

#### Sunguk Jang, MD

Board-certified in gastroenterology and internal medicine, Dr. Jang practices in the Department of Gastroenterology and Hepatology. Following his internal medicine residency at the University of Maryland Hospital, Baltimore, Dr. Jang completed a gastroenterology fellowship at Drexel University College of Medicine, Philadelphia, and a gastroenterology/advanced endoscopy fellowship at Cleveland Clinic. Some of his clinical interests include Barrett's esophagus; pancreatic and biliary disease; colon cancer screening; endoscopic ultrasound of esophageal, gastric and pancreatic disease; and capsule endoscopy.



Sunguk Jang, MD

#### Renato Samala, MD, Assistant Professor of Medicine

Dr. Samala is a palliative medicine physician with the Cleveland Clinic Taussig Cancer Institute. After graduating from the University of the Philippines College of Medicine, he completed an internal medicine residency at UPMC McKeesport, Pennsylvania, and fellowships in hospice and palliative medicine, and geriatrics at Cleveland Clinic. Dr. Samala is an active member of several professional societies and a fellow of the American College of Physicians and the American Academy of Hospice and Palliative Medicine. His research interests include symptom management, home and nursing facility-based palliative care and medical education. His clinical interests include symptom management, advance care planning and post-acute care.



Renato Samala, MD

## Current members are reappointed

The following members whose terms expired on Aug. 30, 2019, have been approved for reappointment:

### FIVE-YEAR TERM

**Kristin Englund, MD**, Clinical Assistant Professor of Medicine

**John Tetzlaff, MD**, Professor Emeritus of Anesthesiology

**Gregory Videtic, MD**, Professor of Medicine

### ONE-YEAR TERM

**Warren Heston, PhD**, Adjunct Professor of Molecular Medicine

**Tracy Hull, MD**, Professor of Surgery

**Laura Shoemaker, DO**, Assistant Professor of Medicine

**Alan Taege, MD**, Assistant Professor of Medicine

**David Vogt, MD**, Clinical Associate Professor of Surgery

MSPRC members are primarily charged with reviewing students' performance portfolios and providing them with competency-based feedback.

On behalf of the entire CCLCM family, we thank Dr. Lang for his 15 years of service and leadership and to all the MSPRC members for their tireless commitment to our students.

[Learn more about the roles and responsibilities of MSPRC members.](#)

## 2019-20 MSPRC Members

**John Tetzlaff, MD, Chair**

**Beth Bierer, PhD, MEd, Ex officio**

**Deborah Routh, Coordinator**

**Wael Ali Sakr Esa, MD**

**Kristin Englund, MD**

**Ehab Farag, MD**

**Hubert Fernandez, MD**

**Warren Heston, PhD**

**Alan Hull, MD, PhD**

**Tracy Hull, MD**

**Sunguk Jang, MD**

**Trine Jorgensen, PhD**

**Walter Maurer, MD**

**Christine Moravec, PhD**

**Craig Nielsen, MD**

**Bradford Richmond, MD**

**Renato Samala, MD**

**Laura Shoemaker, DO**

**Olga Stenina, PhD**

**Glen Stevens, MD**

**Robyn Stewart, MD**

**Alan Taege, MD**

**Julie Tebo, PhD**

**David Van Wagoner, PhD**

**Giselle Velez, MD**

**Gregory Videtic, MD**

**Adele Viguera, MD**

**David Vogt, MD**

**Andrew Zura, MD**

# Interprofessional education update

As part of “Introduction to Interprofessional Communication and Collaborative Care, more than 550 Case Western Reserve University students, including Cleveland Clinic Lerner College of Medicine year-one students, participated in an interprofessional education (IPE) simulation during which they applied the knowledge, attitudes and skills they gained through their first four sessions of the course. The course is required for students from the CWRU schools of Medicine, Nursing, Dental Medicine and Applied Social Sciences as well as the physician assistant, graduate nutrition and speech pathology programs. The course is framed around a set of 15 collaborative practice team skills, giving students the chance to learn and practice the team skills.

For the final session of this foundational course, the students formed 75 teams for a team-based simulation exercise. The students were given a set amount of time to conduct a patient interview using a simulated patient. After the interview, the students gave each other feedback and reflected on their team skills. Each team was observed by a faculty member trained in teamwork skills who also gave the students feedback.



We are happy to welcome the new Associate Provost for Interprofessional Education, Tyler Reimschisel, MD, MHPE, who joined CWRU on Sept. 1. Dr. Reimschisel is the former director of Developmental Medicine & the Center for Child Development at Vanderbilt University Medical Center, where he also served as an assistant director in a leadership education training program for neurodevelopmental disabilities. In 2016, he earned a master’s degree in health professions education and was chosen to become one of five Macy Foundation Faculty Scholars for a two-year program focused on interprofessional education initiatives. Dr. Reimschisel has led the Nashville Interprofessional Collaborative and the Tennessee Interprofessional Practice and Education Consortium since 2018.



Tyler Reimschisel, MD, MHPE

The IPE Steering Committee has been supporting the IPE faculty team as they develop clinical- and community-based IPE projects, with the goal of making the experiences consistent for students across disciplines. One such community-based IPE project involves a group of health professions students from CWRU, including CCLCM students, who are already working with Fairfax residents on a healthcare needs assessment. They will then work together in one or more interprofessional groups to address the identified needs.

During a Fairfax community event on July 16, the IPE Community Outreach Committee, comprising students, faculty, community leaders and residents, discussed the needs assessment project and helped paint murals that will be displayed throughout the community. [View photos from the event.](#)



# Jessica Greenfield, PhD

In the beginning of her fellowship, Jessica Greenfield, PhD, felt extremely overwhelmed. “There was a lot of acronym talk and, in the moment, I would play along, but later I would take vicious notes to learn them,” she confesses about her first couple of months. “One time I almost walked into the morgue, and luckily Dr. [Richard] Prayson was there to redirect me.”

Originally from Seattle, Dr. Greenfield made her way to Cleveland Clinic as a post-doctoral fellow in medical education and a clinical instructor of medicine with CCLCM. A former member of the women’s swim team, she completed her undergraduate career at the University of California at Berkeley with a degree in Italian and classical studies. She had been pursuing a major in physics but switched it to Italian studies and classics her junior year.

“I feared that I would spend the rest of my life in a laboratory, never seeing daylight. My mom asked what classes I enjoyed and when I responded with ‘I like my Italian and architecture classes,’ she said do that and see what happens.”

After earning her master’s degree from the University of Notre Dame and a degree in romance languages and literatures from the University of North Carolina at Chapel Hill, Dr. Greenfield began her teaching career. She taught

Italian at the University of North Texas, Vanderbilt University and Oberlin College. It wasn’t until she was coordinating the study-abroad program at Oberlin College that she realized the depth of her education passion.

Her passion for education stems from her parents, both of whom were healthcare educators. She recalls kitchen table conversations about education methods, saying, “My family believed that standardized tests neither asked questions that tested knowledge nor told the whole story of the student.” This philosophy has endeared her to CCLCM’s practice of using portfolio assessments instead of grades to measure student success.

When Dr. Greenfield first discovered the post-doctoral fellowship opportunity, she felt uncertain about her qualifications. Past fellows were traditional social scientists, but the fellowship actually combines Dr. Greenfield’s professional experience and family background perfectly. “Cleveland Clinic’s approach to education aligned with what I believed was important as an educator. The Clinic is known for innovation, and I was drawn to the idea of them being on the leading edge of medical education,” she says.

Under the mentorship of Beth Bierer, PhD, Dr. Greenfield is currently working on a CCLCM alumni relations project to identify where alumni are now. She



Jessica Greenfield, PhD

also is working on projects to redefine curriculum development for graduate medical education staff members.

This fall, Dr. Greenfield starts classes at the CWRU Weatherhead School of Management in the Master of Science in Positive Organization Development & Change (MPOD) program. Through projects focused on social responsibility and sustainable enterprises, she will be tasked with improving the success of a Cleveland business.

When she’s not at work, Dr. Greenfield enjoys riding her 15-year-old horse, Taft, with whom she has formed a motherly bond. The horse is named for William Taft, the 27th President of the United States. When she and Taft compete, they both wear red, white and blue.

Says Dr. Greenfield, “Maybe it’s fate we moved to Ohio, William Taft’s home state.”

## Student Alice Tzeng helps secure \$1.7 million in research grants



Alice Tzeng ('21) helped draft a cutting-edge research proposal for BRCA-related cancer research under the mentorship of Principal Investigator Charis Eng, MD, PhD, Professor of Genetics and Genome Sciences, and Chairman of the Genomic Medicine Institute, for which the Gray Foundation has committed \$1.6 million over five years. She also assisted in formulating a proposal that received \$100,000 in VeloSano pilot funding, which helped generate preliminary data that strengthened the application for the Gray Foundation award.

The project title is “Interplay and perturbations of the local microbiome and host immune system in breast cancer.” Currently, more than half of breast cancer cases are unrelated to known genetic/environmental risk factors, highlighting the importance of discovering other factors that predispose one to or that promote breast cancer.

“One promising candidate is the microbiome, composed of bacteria and other microbes that coexist in our bodies, which has emerged as a major contributor to human health and disease,” says Alice. “Our proposal aims to examine, for the first time, how local microbes and the immune system crosstalk with one another to influence breast cancer growth and progression. This work may potentially transform our understanding of breast cancer development and give rise to creative strategies for preventing, diagnosing and treating this prevalent disease.”

Alice is the beneficiary of Dr. Eng’s stepped mentorship program. Liz Shay ('20), another of Dr. Eng’s mentees, acted as a “mini-mentor” to Alice while she drafted the proposals. Similarly, when Liz was drafting her grant to support her research year in the Eng lab, she was mini-mentored by her predecessor medical student in the Eng lab, Torrey Byrd, MD, University Program ('19).

CCLCM alumni Huan Zhang, MD ('16), and Hannah Wang, MD ('17), have also benefited from the stepped mentorship program. In fact, Dr. Wang helped generate vital preliminary data, published in 2017, that enabled the current Gray Foundation award.

The Eng lab grant was one of seven chosen to receive Gray Foundation funding, in part because of the collaborative partnership among Dr. Eng, an expert in human cancer genomics and computational microbiomics, and co-investigators Stephen Grobmyer, MD, Head of the Breast Center and expert in breast cancer surgical oncology and clinical trials, and Jacob Scott, MD, DPhil, Translational Hematology and Oncology Research, an expert mathematician who models genomic evolution.

“I appreciate Dr. Eng giving me the opportunity to draft these grants and am looking forward to starting on the project!” says Alice.

STUDENTS AND FACULTY: Be sure to email [Laura Greenwald](#) with news about your achievements so that we can share your terrific news with our entire education community!

## STUDENT SPOTLIGHT:

### Emily Rose

Outside the Cleveland Clinic Floyd D. Loop Alumni Library recently, Emily Rose ('21) ran into her former research mentors, Manoj Monga, MD, and Aaron Miller, PhD, whom she credits for the incredibly important shift in her research interests. During her undergraduate career at Yale, Emily studied kidney cells without any research path expectations. However, fascinated by studying the kidney stone microbiome with her research mentors, she developed a passion for focusing on kidney diseases and immunology, which have shaped her future goals and led her to apply for the National Institutes of Health Medical Research Scholars Program (NIHMRSP).

After applying, Emily was nervous that she would be denied because she felt that one of her three interviews went poorly.

"When I received the news that I was accepted, I texted my family and friends and even celebrated by attending the Match Day event, which happened to be the same day."

In July, Emily began participating in the NIHMRSP year-long program that encourages biomedical research careers. Only 50 students nationally were accepted into the NIHMRSP, and this year seven CCLCM students were selected – the most from any single academic institution. Emily helps make up the 46% of female participants in the program.

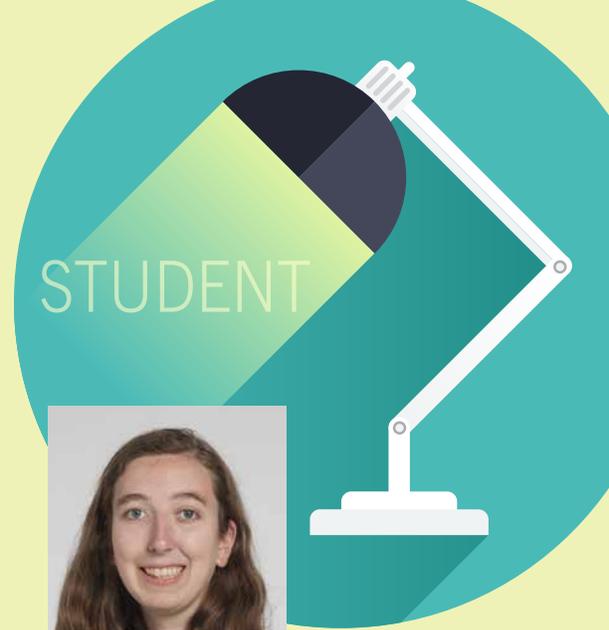
Through the NIHMRSP, students conduct a basic, clinical or translational research project. Her intended research project title is "Outcome measure development for relapsing polychondritis." She plans to study this rare autoimmune rheumatic disorder under the mentorship of Peter Grayson, MD, MSc, who focuses on gene expression profiling and disease classification research of vasculitis.

"I'm excited to feel that my science is applicable to patients," says Emily, who knows that this program will provide her with a prestigious and unique environment to collaborate with other medical students across the nation.

Working at the NIH, which is located in Maryland, will allow Emily to grow both as a researcher and passionate hiker. Originally from a Boston suburb, Emily frequently visits the Shaker Heights Nature Center and Cleveland Metroparks, and has backpacked much of Appalachian Trail in New England. She hopes to complete the Maryland Appalachian Trail and eventually hike the entire Appalachian Trail. Earlier this summer, she hiked and camped in the Pennsylvania section. She is also a novice ultimate Frisbee player, confessing she still needs to craft her technique.

When asked about giving advice to the incoming CCLCM students, Emily said to stay positive and be open-minded to new career pathways. "There are many fields of medicine that I was not exposed to prior to starting medical school," she says.

As a CCLCM internal medicine interest group leader and newly elected member of the American College of Physicians Council of Student Members, Emily hopes to help with programming and policy change, both on state and national levels. She hopes to one day practice internal medicine or teach at an academic center and continue to embrace nature through hiking.



Emily Rose

# CCLCM student to present at Anthony Thomas Jr., MD, Memorial Lectures

Established in memory of Anthony Thomas Jr., MD, this lecture series strives to capture his way of appreciating every person he met.

Dr. Thomas demonstrated a deep commitment to encourage others to reflect on their roles in healthcare and to support each person. He was a consummate clinician, mentor, professional and kind human being.

The lecture is free and open to all.

2nd Annual Anthony Thomas Jr., MD Memorial Lectures: Empathy and Valuing Every Person

Sept. 16, 2019 | 5:30 – 7 p.m.

Sheila and Eric Samson Pavilion at the Healthcare Education Campus, main campus

[RSVP by Sept. 6 to attend in person.](#)

## Speakers include:

- Kathy Ray, Systems Analyst, Medina Hospital | “Mom and her 3 Best Friends”
- Perry Dinardo, medical student, Cleveland Clinic Lerner College of Medicine | “Code Pink”
- Connie Xu, RN, main campus | “Water, music, language: elements of compassion”

The event is presented by the Center for Bioethics and the Center for Spiritual Care. Parking is available in Cleveland Clinic Lot (East 93rd) across from the Samson Pavilion.

Thank you to the generous donations that have made this lecture series possible.

## Attend Lepow Research Day

All students, faculty and staff are invited to attend Lepow Medical Student Research Day:

**Martha L. Lepow, MD, and Irwin H. Lepow, MD, PhD,**  
Medical Student Research Day

**Sept. 26 | 7:30 a.m. - 5 p.m. | Tinkham Veale Ballrooms A, B & C**

The Guest Lecturer is **Margaret Kendrick Hostetter, MD**, B.K. Rachford Professor of Pediatrics; Chair, Department of Pediatrics; Director, Cincinnati Children’s Research Foundation; and Chief Medical Officer of Cincinnati Children’s Hospital Medical Center. Dr. Hostetter will present on “Infection in Fiction.”

For more information, please contact Sharon Callahan [via email](#) or at 216.368.6972.





# Interested in Teaching at our Lerner College of Medicine?

## Orientation and Faculty Role Fair

Tuesday, Oct. 22

7:30 – 11 a.m.

Lerner NA1-138

You'll also find out about the approach to teaching we use in our unique system.

### To Register:

#### 1. [Log into MyLearning](#)

#### 2. Join the Course

- In the top right corner, Search for “New Faculty Orientation to CCLCM”

#### 3. Register to Attend

- On the New Faculty Orientation to CCLCM, scroll down to find registration, organized by date.
- Under “Register for this course” click Sign Up.
- On the Sign-Up page, review the course description and scroll to the bottom, and click Sign Up to complete the process.
- You will receive an automatic confirmation email, with a calendar appointment.

### **Please remember to request meeting time and block your clinical schedule to attend this event.**

If you have already participated in an orientation to CCLCM event, thank you for attending. We hope you have found a satisfying role in the medical school.

For questions, please contact the Office of Educator Development at [prelosa@ccf.org](mailto:prelosa@ccf.org). We look forward to seeing you in October.

## Enhance your teaching or assessment skills

The Cleveland Clinic Office of Educator & Scholar Development (OESD) now offers two Distinguished Educator Level I programs: Fundamentals of Teaching and Fundamentals of Assessment. These certificate programs are open to any Cleveland Clinic caregiver with a role in education.

Both programs require that participants meet prerequisites through the [Essentials Program for Health Professions Educators](#). A teaching observation is required for DE I: Teaching, and a small assessment project is required for the DE I: Assessment program.

Get details about the DE I programs, and email [prelosa@ccf.org](mailto:prelosa@ccf.org) with any questions.

## Faculty teaching scores are now live

If you have a teaching role at Cleveland Clinic, your faculty teaching scores are now available for you to view.

Find the links to the teaching scores within the [Education Dashboards on the Education Institute intranet site](#). Institute chairs and GME program directors can also view roll-up data.

Because a revamped faculty teaching evaluation is now being used, teaching scores may have changed; thus, please do not compare new scores to past scores. As well, you must accumulate at least five completed evaluations for scores to appear.

In addition to faculty teaching scores, the Education Dashboards offer links to:

- CG CAHPS for Trainees
- MyEducation Profile
- Physician Time Study

Use the dashboards to analyze and take action on the results from these various reporting tools related to education.

Questions about the data or dashboards? Please contact [bocianm@ccf.org](mailto:bocianm@ccf.org).

## EXTRA MILE

### Group promotes community health and fitness

On a sunny Saturday in July, a group of CCLCM students and faculty led a Healthy Strides community walk through Ohio City. These casual walks are meant to engage community members and promote walking and exercise. The walk started with a brief talk on healthy eating, including how to decrease carbohydrate-rich foods by using rice substitutes such as quinoa and cauliflower.

Several community members from Lutheran Hospital's Hispanic Clinic joined the walk.



L to R: Ilda Felix, Nurse Practitioner; Diana Lopez ('23); Paola Barrios ('21) and dog, Nala; Daniel Moussa ('21); Monica Yepes-Rios, MD, Associate Professor of Medicine and Director of Minority and Diversity Education at Lutheran Hospital, and dog, Brady; Nico Yepes-Rios; Patrick Rios; Mariana Yepes-Rios; and Janeth Sandoval, summer college intern from the Shepherd Higher Education Consortium on Poverty, working with Dr. Yepes-Rios to study patients' ER utilization.

# MARK YOUR CALENDAR



**Sept. 12 | 5:30 – 7 p.m.**

## **Faculty Promotion Workshop**

Cleveland Clinic, Lerner NA5-08

**Sept. 16 | 5:30 – 7 p.m.**

## **2nd Annual Anthony Thomas Jr., MD Memorial Lectures: Empathy and Valuing Every Person**

Sheila and Eric Samson Pavilion

**Sept. 26 | 7:30 a.m. – 5 p.m.**

## **CWRU Lepow Medical Student Research Day**

CWRU Tinkham Veale University Center

### **Advancing Our Mission**

The Education Institute welcomes donations to advance its mission of educating those who serve. Individuals, families, foundations and corporations that believe in the value of education are making a difference in the future of patient care with their generosity. To learn how you can help, please contact Theresa Holthaus at 216.444.1839 or at [holthat@ccf.org](mailto:holthat@ccf.org).

### **Alumni: Share Your News**

We'd like to hear about what you've been doing since graduation. If you have news to share (maybe you're involved in an interesting research project or you recently returned from a global health mission), please email Laura Greenwald at [greenwl@ccf.org](mailto:greenwl@ccf.org).

# InSight

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