

## Caring for caregivers

CCLCM takes action on student wellness



The statistic takes one aback: According to the American Medical Student Association, “medical students are three times more likely to commit suicide than the rest of the general population in their age range.” And the statistic around physician suicide — roughly 400 physicians end their life each year — is equally as grim. We must take mental health, depression, stress and burnout seriously, and we must ensure that our students feel wholly supported and have easy access to resources to help them cope when they’re confronted by these issues.

*continued >>*

## Caring for caregivers *continued*

To that end, CCLCM recruited a Student Wellness Task Force to audit its current wellness efforts, review the literature and evaluate the wellness activities at other medical schools. Earlier this year, the task force submitted its findings, determining that the best wellness strategy involves teaching self-care skills that will last a lifetime, starting with behavioral health support during medical school.

Based on the important work of the task force, CCLCM has implemented or plans to implement the following:

- **Director of Wellness** Cory Chevalier, MD, Assistant Professor of Medicine, has been named Director of Wellness for CCLCM and will focus on continuing to strengthen the healthy learning environment and support a culture of social, interpersonal, emotional and academic wellness and well-being. As part of his role, he will make helping students avoid burnout and depression and supporting those who experience these issues the highest priority. Dr. Chevalier strongly feels that wellness and well-being are tied to the success of medical students in CCLCM and will work with the community to foster this culture.
- **Behavioral health program** Anjali Kala, LISW, a behavioral health outpatient therapist, is available as a free, confidential resource for students. She offers consults and evaluations, and can help with issues common to students, such as time management and stress. A consult could potentially lead to a referral, if needed or desired, to a counselor or therapist or, in some cases, a psychiatrist. Students can self-refer or be referred by other students, faculty or family members by contacting Anjali at [kalaa@ccf.org](mailto:kalaa@ccf.org).
- **Buddy system** A buddy system linking incoming students with senior students has already been in place, and the task force recommends extending it to include a peer-to-peer buddy system. The new group would match students by their interests, and buddies would be invited to attend a series of wellness events throughout the academic year to help strengthen both their bond and focus on wellness.
- **Wellness discussions** Open to all students, these wellness discussions will focus on a particular topic. Students will know the topic in advance and can choose whether or not they would like to attend. The wellness discussions will be led by Dr. Chevalier and Anjali Kala.
- **Debrief sessions** Designed especially for year 3 students (but open to all students), these monthly sessions will focus on the students themselves and the emotional/spiritual impact of their experiences. Run by Rev. Amy Greene, DMin, Clinical Assistant Professor of Medicine and Director of the Cleveland Clinic Spiritual Care Department, the group will help address the personal need to talk about impactful situations in a non-competitive environment. The format will be informal and relaxed, and with a deliberate focus on well-being.
- **Compassion-based meditation course** Interested students and faculty can enroll in this eight-week elective course, run by Dr. Greene, who describes the course as focusing on self-care and self-compassion, both of which have been shown to translate into empathy for patients.

*continued >>*



Cory Chevalier, MD



### CCLCM STUDENT WELLNESS TASK FORCE MEMBERS

Johanna Goldfarb, MD (Chair)

Cory Chevalier, MD

Kathleen Franco, MD

Rev. Amy Greene, DMin

Richard Prayson, MD

Sara Baicker-McKee ('22)

Dena Guo ('23)

Kaitlin Keenan ('20)

Megan Sheehan ('22)

Melissa Song ('22)

CCLCM will continue to support these wellness initiatives that are already built into the curriculum:

- elective in Cognitive Based Therapy (CBT) for first-year students and anyone else who desires training
- discussion about the pressures of medical school for first-year students
- quarterly meetings between third-year students and their physician advisors
- student wellness as an agenda item for each monthly class meeting
- five minutes of mindfulness at the start of PBL in year 1
- reflective practice added to an elective on Student Wellness
- self-care curriculum sessions for first-year students on topics such as nutrition, emotional intelligence, self-compassion, sleep and mindfulness

A focus on student and clinician well-being isn't limited to CCLCM. Cleveland Clinic is one of more than 150 organizations participating in the National Academy of Medicine's Action Collaborative on Clinician Well-Being and Resilience. The collaboration's goals include increasing awareness about clinician mental health, improving understanding of the challenges to clinician well-being and advancing solutions.

As well, the Association of American Medical Colleges devotes an entire section of their website to medical student well-being. [Read stories of resilience from students, and get tips for coping with stressors.](#)

"Our goal is to be proactive about student and faculty wellness at CCLCM," says Christine Warren, MD, MS ('09), Clinical Assistant Professor of Medicine and Associate Dean for Admissions and Student Affairs. "We need to demonstrate compassion and care for ourselves as we do for our patients, family and friends. Recognizing that each individual's path to achieving and maintaining wellness may be different, we encourage students and faculty to explore a variety of wellness activities and tools to discover which work best for them."

# Students establish interclass collaborative effort

Alissa Becerril ('23), Mario Belfiglio ('23), Radhika Rastogi ('20), Sasha White ('23) and Shannon Wu ('23) recently formed the Interclass Collaboration Committee, the goal of which is to increase social and professional interaction among all five CCLCM classes.

The group promotes its events via email, and whoever wants to join can RSVP or just show up. So far, the group has coordinated several interclass lunches and various outings, including dinner and ice cream at the new Van Aken District in Shaker Heights.



Alissa Becerril



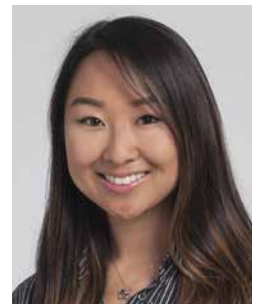
Mario Belfiglio



Radhika Rastogi



Sasha White



Shannon Wu

## Participate in the **Wellness Toolkit Series**

All CWRU University and College programs students, faculty and staff are welcome to attend the new Toolkit Series dedicated to wellness topics. All sessions involve didactic and experiential components.

Mark your calendar for any and all sessions that sound appealing to you. Sessions are held on Fridays throughout the academic year, from 3:30 to 4:30 p.m., in the CWRU old School of Medicine building (enter via the Biomedical Research Building), Robbins section, Room E429C. Refreshments will be provided.

### UPCOMING EVENTS

Nov. 1: **Special place meditation**

Jan. 10: **Writing exercise**

Feb. 28: **Inner guide imagery**

March 13: **Shaking and dancing**

April 10: **Drawing**

May 8: **Yoga**

**NATIONAL SUICIDE PREVENTION LIFELINE**

**800.273.8255**

**Save this number in your phone!**

Call the lifeline for free and confidential support, 24/7. Trained advocates are there to help people in crisis, offer prevention and crisis resources for you or loved ones, and share best practices for professionals.



J. Harry (Bud) Isaacson, MD

## We're making wellness part of our culture

As healthcare educators, we need to ensure that our students understand the importance of taking care of themselves, for both personal and professional reasons. We know, for example, that no healthcare professional can care for patients optimally if they themselves are unwell.

At CCLCM, wellness has long been emphasized, and our goal is for wellness to become part of our culture. To that end, we convened a Student Wellness Task Force, charged with reviewing our wellness initiatives and making recommendations to enhance wellness. Please join me in thanking the members of the Student Wellness Task Force for their outstanding work on behalf of our students and faculty, and for their commitment to making wellness part of the CCLCM culture.

We know that wellness is personal and not a one-size-fits-all. Some will prefer to explore wellness individually, and others will welcome CCLCM initiatives. Last year I was asked to be the faculty sponsor for the CCLCM running interest group, and during the summer this group really got its legs! We met several times at various locations. The group was always different, and runners with all levels of experience participated. One of the unplanned benefits of the running interest group has been the chance for students from different classes to meet each other in an informal setting.

Our goal is to expand wellness offerings — we welcome and will sponsor other student interest groups that focus on wellness — and reduce barriers for participation. No matter what your interest, we hope you find something that meets your needs.

We invite you to learn more about our current and upcoming wellness initiatives in our cover story, “Caring for Caregivers,” in this issue of *InSight*. After you read “Caring for Caregivers,” you may generate some wellness ideas of your own, and we encourage you to share them with us.

***Bud Isaacson, MD***

*Executive Dean*

**38**  
**CCLCM**  
**faculty**  
**members**  
**promoted**

Congratulations to the newly promoted faculty members of CCLCM. These associate professors and professors received their new rank effective Aug. 13:



**Paul Bryson, MD**  
Associate Professor  
of Surgery



**Robyn Busch, PhD**  
Associate Professor  
of Medicine



**Samuel Chao, MD**  
Professor of Surgery



**James Cook, MD, PhD**  
Professor of Pathology



**Kenneth Cummings, MD**  
Associate Professor of  
Anesthesiology



**Jacek Cywinski, MD**  
Professor of  
Anesthesiology



**Frank DiFilippo, PhD**  
Professor of Radiology



**Justis Ehlers, MD**  
Associate Professor of  
Ophthalmology



**Namita Gandhi, MD**  
Associate Professor of  
Radiology



**Jorge Garcia, MD**  
Associate Professor of  
Medicine



**Chaitali Ghosh, PhD**  
Associate Professor of  
Molecular Medicine



**Kimberly Giuliano, MD**  
Associate Professor of  
Pediatrics



**Ryan Goodwin, MD**  
Associate Professor of  
Surgery



**Ilyssa Gordon, MD, PhD**  
Associate Professor of  
Pathology



**Rula Hajj-Ali, MD**  
Professor of Medicine



**Brian Hill, MD, PhD**  
Associate Professor of  
Medicine



**Eileen Hsich, MD**  
Associate Professor of  
Medicine



**Lara Jehi, MD**  
Professor of Medicine



**Baljendra Kapoor, MD**  
Professor of Radiology



**Shlomo Koyfman, MD**  
Associate Professor of  
Medicine



**Sangeeta Krishna, MD**  
Associate Professor of  
Pediatrics



**Michelle Longworth, PhD**  
Associate Professor of  
Molecular Medicine



**Edward Maytin, MD, PhD**  
Associate Professor of  
Molecular Medicine



**Anita Misra-Hebert, MD**  
Associate Professor of  
Medicine



**Erin Murphy, MD**  
Associate Professor of  
Medicine



**Daniel Ontaneda, MD**  
Associate Professor of  
Medicine



**Eugene Podrez, MD, PhD**  
Professor of Molecular  
Medicine



**Ajita Prabhu, MD**  
Associate Professor of  
Surgery



**Cristiano Quintini, MD**  
Professor of Surgery



**Anand Ramamurthi, PhD**  
Professor of Molecular  
Medicine



**Pablo Recinos, MD**  
Associate Professor of  
Neurological Surgery



**Beri Ridgeway, MD**  
Associate Professor of  
Surgery



**Camille Sabella, MD**  
Professor of Pediatrics



**Davendra Sohal, MD**  
Associate Professor of  
Medicine



**Olga Stenina Adognrivi,  
PhD**  
Professor of Molecular  
Medicine



**Dawn Taylor, PhD**  
Associate Professor of  
Molecular Medicine



**Michael Valente, DO**  
Associate Professor of  
Surgery



**Stephanie Valente, DO**  
Associate Professor of  
Surgery

**FACULTY:** If you wish to be promoted, please visit the [CCLCM Faculty Affairs website](#) to learn more. All applications are submitted online. Applications for the next cycle begin this fall and must be submitted before the Jan. 31, 2019, deadline, which is earlier than the CWRU deadline for their faculty promotions.

Because they applied for promotion, the hard work and dedication they achieved are recognized. Through their teaching, research and professional service efforts, CCLCM, CWRU and Cleveland Clinic benefit.

## Three questions



**Monica Yepes-Rios, MD**  
Associate Professor of Medicine



Monica Yepes-Rios, MD, directs the Longitudinal Clerkship Didactic and Learning Group Programs for CCLCM and serves as the Director of Diversity and Inclusion Education at Cleveland Clinic Lutheran Hospital. She oversees clinical and education programs that address the needs of the local Hispanic community and has worked to expand the CCLCM curriculum on Health Systems Science. When she was a child, she dreamed of becoming either a doctor or a professional tennis player. Outside of work, her favorite place to be is in or near the water.

### **Q: What are you most proud of related to your work in academic medicine?**

I am very blessed to work with a group of students and residents who are passionate about delivering excellent, culturally sensitive care to the Hispanic community. In a short time, a group of CCLCM students has conducted needs assessments and quality improvement projects to meet the needs of the community. I am most proud of the education and mentoring I can provide the students and of the community service and scholarly work they create.

### **Q: Who were your education role models?**

I was fortunate to work with Dr. Lou Pangaro and Dr. Paul Hemmer at the Uniformed Services University of the Health Sciences. I consider them role models in their investment in the professional development of their faculty and in the scholarly work they have accomplished in medical education. I am inspired by my colleagues and leaders at CCLCM, the Coaching and Mentoring Program, and the Ohio City Hispanic Clinic staff and caregivers.

### **Q: Describe yourself in three words.**

Compassionate, energetic and passionate

*Adapted from the Cleveland Clinic Women's Professional Staff Association newsletter, celebrating staff educators during Women in Medicine Month, September 2019.*



## Calling all educators: Join the Educators Collaborative



If you are a Cleveland Clinic employee with an educator role, consider applying to join the Cleveland Clinic Educators Collaborative. This new group has been formed with several goals in mind, including cultivating a community of educators to promote collaboration and recognize educational excellence and achievements, and advancing scholarship in education.

Membership benefits include:

- sense of community
- formal and informal opportunities to become a mentor or to be mentored
- exclusive opportunities to apply for grant funding to advance scholarship
- learning opportunities, including an Educators Collaborative Day, planned for May 21, 2020

All full-time Cleveland Clinic educators serving learners throughout the entire Cleveland Clinic enterprise will be considered. Contract/retiree/emeritus staff with active educational involvement are also encouraged to apply for membership.

Applying is easy. [Learn more about the Educators Collaborative, including how to apply.](#)

## STUDENT SPOTLIGHT:

# Alex Cantrell

An enthusiastic sports fan from the time he was a child, William “Alex” Cantrell ('20) was known to squeeze in hockey play any chance he could. He even took a gap year between high school and college to play in a semi-professional hockey league with other 16- to 20-year-old athletes. After enjoying that amazing experience, he shelved his skates and began his undergraduate career at the University of Notre Dame.

He immediately felt right at home: During his freshman year, he was assigned to the dorm that loved its hockey team, and the dorm's intramural sports teams became the focus of his social network. Participating in a playoff intramural hockey game was one of his favorite memories — probably the favorite memory — of his first year in college. That particular game cemented a feeling of community for Alex, and it was a similar sense of community that drew him to CCLCM.

“It really feels like a family here, from our administration to the students. Our diverse class of 32 supports each other well,” he says.

Alex was attracted to CCLCM as his first-choice medical school, in addition to a sense of community, because of its portfolio system, clinical training and research. The program also offers plenty of opportunities to engage in student organizations, which Alex has taken advantage of.

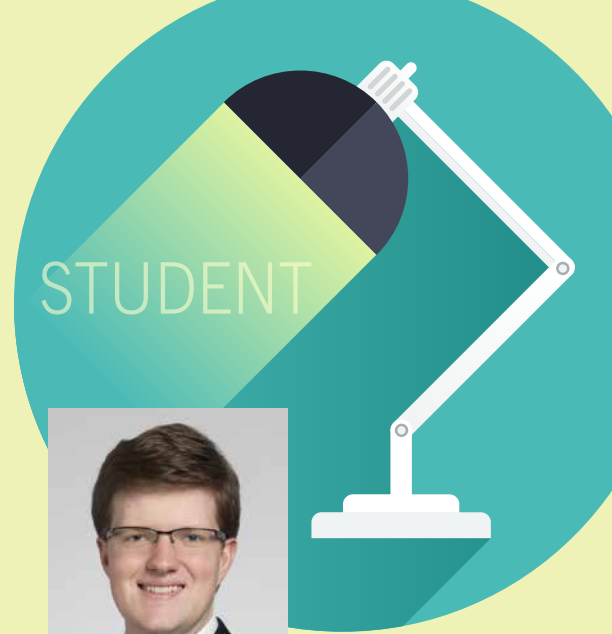
As President of the Health Systems Research Group, he helped facilitate student engagement in research and connect students to faculty researchers. During the time his friend Joe Featherall, MD ('19), served as president, Alex oversaw the communications to advertise the group and its events. He also serves on the admissions subcommittee, conducting interviews with potential students.

Alex's love of hockey led him to his career choice of becoming an orthopaedic surgeon. His research has led him to work with spine, joint replacement, pediatric and sports medicine surgeons, all of whom graciously provided outstanding mentorship. During his research year, Alex participated on the Notre Dame College football medical coverage team and even traveled with the team to the National Division II Championship Semifinal game in Georgia.

Another of Alex's passions is technological innovation. While working with a foot and ankle surgeon during his second year, he realized that communicating CT scan results to ankle-fracture patients held opportunities for improvement. He embarked on a research project using augmented reality to increase patient education after ankle-fracture visits. The project, which is still being developed, uses Microsoft HoloLens so that patients can see what their injuries look like before and after care.

“I got involved with augmented reality right out of the gate as a first-year when I spoke with Dr. Neil Mehta, Associate Dean of Curricular Affairs and former Director of Technology,” says Alex. “This technology is truly unique, and few students across the country have access to work and play with it.”

A Detroit native, Alex has adapted to living in Cleveland, a transition made even easier after he discovered an adult hockey league in Cleveland Heights!



Alex Cantrell



## Student shares emotional NICU experience at empathy lecture series

Perry Dinardo ('21) was one of three presenters at the second annual Anthony Thomas Jr., MD Memorial Lecture Series, held on Sept. 16 at the Eric and Sheila Samson Pavilion. Perry's presentation, entitled "Code Pink," detailed her first-time experience on the neonatal intensive care unit during a pediatrics rotation at Cleveland Clinic Fairview Hospital.

Perry spoke about how she, as a medical student, felt in the way and without an active role inside the operating room after a code pink — baby in distress — was called. As soon as the baby girl was delivered, she was resuscitated and then rushed to the NICU. Still inside the OR, Perry said she "came face to face with the only person in the room who looked lonelier and more out of place than I did: the baby's father." Seeing his distress, she felt compelled to address him but struggled to come up with the right words:

Feeling lost, I returned instinctively to the questions I'd asked so many times to new parents during my rotation in the Birthing Center. "She is so beautiful," I offered. "Do you have a name picked out?"

"Rachel," he answered, with tears running down into his surgical mask.

"That's a beautiful name." I said. This conversation felt like an anchor to something familiar as we stood there, adrift in the OR.

"Is she alive?" he asked me suddenly, and I could see how much it wrenched him to ask. He'd been a father for a matter of minutes and was already asking the question every parent hopes he'll never, ever be forced to.

Though the room was far less crowded by then, it felt suddenly hard to breathe. I almost panicked, thinking, "It's my first day, I'm a med student, I have no idea what's going on"... but I did know the answer. I didn't know the answer to basically any other question he could have asked me besides this, the simplest and the most crucial. I didn't know what all the measurements and the acronyms and the machines were exactly, but I had heard baby Rachel cry, and I had seen my team giving oxygen as they whisked her away. I chose my words with great care.

"She's okay right now. My team will take excellent care of her in the intensive care unit, and you can see her soon."

## Student shares emotional NICU experience at empathy lecture series *continued*

Later, Perry reflected on how the medical team needed to focus on saving a baby, but she had a crucial role as well:

I didn't think I had any of the skills or the knowledge to be useful, but I did have the privilege — and maybe even the gift — of having time. I may have been the only one in the room without an assigned role, but I had finally found my place.

One of my very thoughtful and wise classmates once said during a class discussion that she thinks the medical student superpower is having time. We don't always have assigned jobs in the hospital and sometimes that means we can feel a bit out of place or in the way, but it also means we don't have the same responsibilities to fulfill as the rest of the team. So we have the privilege of getting to spend more time with our patients, and that really is a gift. We don't have assigned jobs, but we can acknowledge, we can bear witness, and we can share with patients even as they experience some of the worst moments of their lives. I have learned that even the smallest interaction can establish such a meaningful connection and can make such an impression. We have time, and I am continually reminded to use it well and to remember the power of it because sometimes, that's all it takes.

The Anthony Thomas Jr., MD Memorial Lecture Series was established in memory of Cleveland Clinic urologist Anthony Thomas Jr., MD, who died in 2017 from cancer. To honor the way in which he valued every person with whom he came into contact, the lectures focus on empathy and valuing every life. Each year, Cleveland Clinic caregivers are invited to submit an application to give a 20-minute talk. Of the applicants, three are selected and awarded the Anthony Thomas Jr., MD Award.

Perry says she was honored to be chosen to participate in the lecture series and shared that, in the weeks leading up to the event, she was overwhelmed by the number of people who related their stories about Dr. Thomas with her. "I was amazed to learn how deeply he was admired and respected by the people I myself greatly admire and respect. What an incredible legacy and such an inspiration for an aspiring physician like me," she says.

[Please consider donating to the lecture fund so that it can continue for the benefit of all.](#)





## Faculty named ACP Ohio Laureate



K.V. Gopal (Gopalakrishna), MD

K.V. Gopal (Gopalakrishna), MD, Clinical Professor of Medicine, was named the American College of Physicians (ACP) Ohio 2019 Laureate Award Winner. Dr. Gopal serves as the Chair of the Department of Medicine and the Program Director of the Internal Medicine Residency Program at Fairview Hospital.

The Laureate Award recognizes fellows and masters of the ACP in Ohio who have demonstrated a commitment to excellence in medical care, education or research. Dr. Gopal is not only an exemplary physician, but also an outstanding instructor and role model to residents and medical students.

Congratulations, Dr. Gopal, on this well-deserved recognition.



Kaitlin Keenan

## Kaitlin Keenan wins Crain Student Research Award

Kaitlin Keenan ('20) is the 2019 recipient of the Chris Crain Memorial Student Research Award for her research project entitled "Characteristics of patients who receive opioids during an acute medical hospitalization." Kaitlin's research mentors are Kathryn Martinez, PhD, Assistant Professor of Medicine, and Michael Rothberg, MD, Professor of Medicine.



Kathryn Martinez, PhD

The Crain Student Research Award was established by the Lawrence "Chris" Crain Memorial Service fund, founded by Pearl Crain and Bryon Hoogwerf, MD. The fund began after the death of Lawrence "Chris" Crain, MD, Cleveland Clinic's first African-American chief medical resident in internal medicine. The fund supports a yearly lecture, currently in its 16th year, by a prominent physician focusing on topics about which Dr. Crain was most passionate: healthcare disparities, hypertension, and kidney and heart disease.

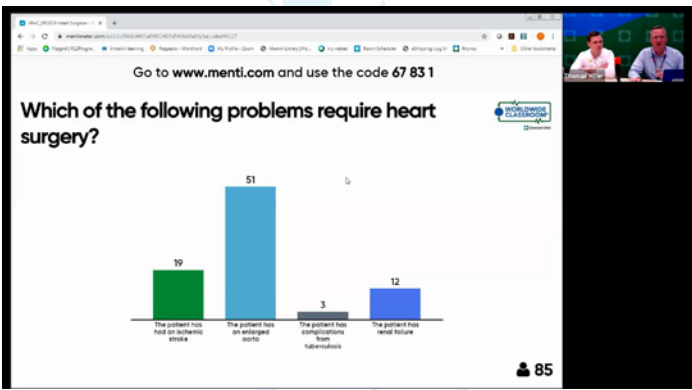
The 2018 Crain award recipient was Rachael Baird, MD ('19) for her research titled "Pregnancy associated cardiac hypertrophy in transgenic mice expressing a corin variant found in blacks." Dr. Baird is currently doing her ob/gyn residency at Cleveland Clinic.

The Crain award, which comes with a \$1,000 stipend, is given to a CCLCM student involved in research that impacts underrepresented minorities. Read more about Dr. Crain and the Crain award in "[Mother and Son Leave a Legacy of Service](#)" (page 29).

Congratulations, Kaitlin!



Michael Rothberg, MD



## Alumni hosts record-shattering Worldwide Classroom® program

Bogdan Kindzelski, MD, MS ('16), a cardiothoracic surgery resident at Cleveland Clinic, filled in for one of his cardiac surgery colleagues to give a talk on “Meet a Heart Surgeon,” as part of the Worldwide Classroom®. The talk, held live on Sept. 10, was broadcast to 876 students at 34 schools across Florida, Illinois, Michigan, New York, Ohio and Pennsylvania.

Turns out Dr. Kindzelski is a natural at engaging with middle and high school students, breaking all prior records for attendance at a Worldwide Classroom.

“Talk about starting our 2019-2020 Worldwide Classroom season on a high note!” says Bryan Pflaum, MFA, Director of School Programs for Cleveland Clinic K–12 Education, which manages the connected learning program. “We’re so appreciative of Dr. Kindzelski’s involvement.”

[Learn more about the Worldwide Classroom initiative, and view the upcoming schedule.](#)

## EXTRA MILE

### Students snag a second-place win at CLE-BEE

Perry Dinardo ('21) recently competed in the annual Cleveland Corporate Spelling Bee (CLE-BEE) representing CWRU School of Medicine, along with University Program students Gloria Tavera and Sharath Rama. The team of three took second place in their group, correctly spelling words such as “zeitgeist,” “palmary” and “praetorium” before ultimately misspelling the word “catafalque.”

Twenty-seven teams from across the city participated in CLE-BEE, which helps raise funds for The Literacy Cooperative, an organization that promotes literacy for adults and children in Cleveland.

Congratulations, team, on your success and for helping to support such a noble cause.



## Dr. Renee Salas continues her urgent call to action

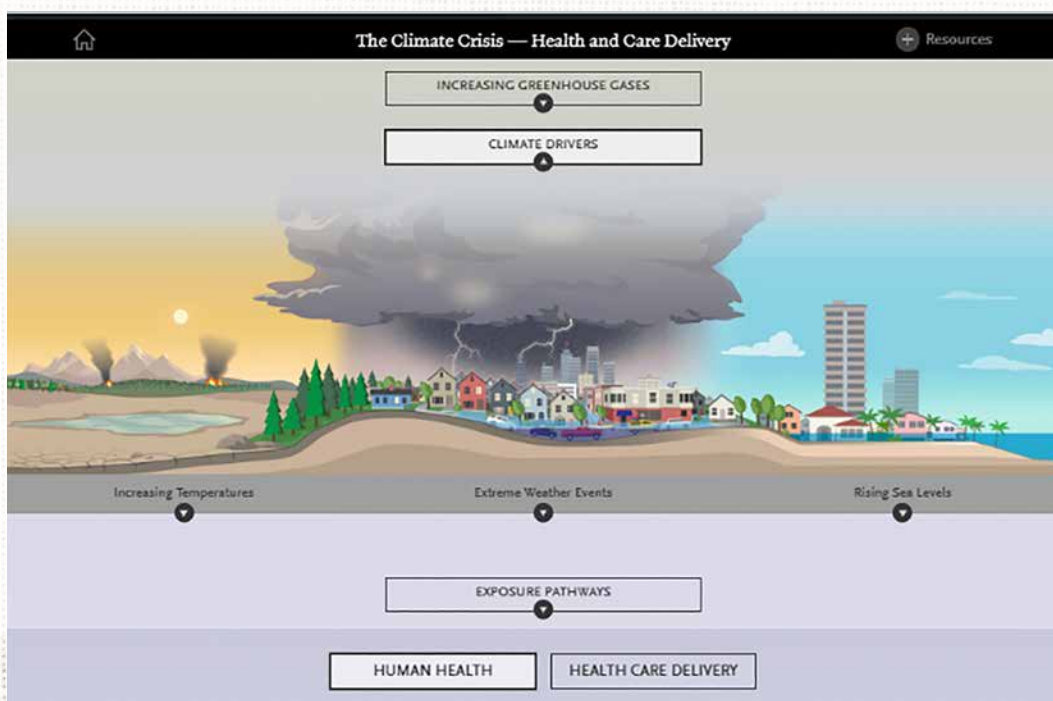
Renee N. Salas, MD, MPH, MS ('09), is the lead author on an Interactive Perspective, appearing in the Aug. 22 issue of the *New England Journal of Medicine*, called [The Climate Crisis — Health and Care Delivery](#). The interactive piece, which will continue to be updated by the journal, outlines some key ways in which climate change is impacting both human health and healthcare delivery, walking a user through the connections between greenhouse gases and clinical practice. The piece also includes resources for multidisciplinary intersections and ways for healthcare professionals to make a difference.

Dr. Salas also co-authored an editorial, appearing in the same NEJM issue, entitled [“Prioritizing Health in a Changing Climate”](#) and was interviewed in a related podcast on how climate change is affecting human health and healthcare systems. In the editorial, Dr. Salas and her co-authors state:

“The negative effects of climate change are frighteningly broad: they touch every human organ system, while challenging health organizations by interrupting supply chains and damaging public health infrastructure. Whereas some consequences — such as heat-related illnesses caused by longer and more frequent heat waves and hospital flooding from extreme weather events — are obvious, many effects of climate change on daily clinical practice are still generally unrecognized; examples include pollen increases leading to more allergies and asthma exacerbations and expanded range and activity of insect vectors leading to more cases of vectorborne diseases. As climate change continues to alter disease patterns and disrupt health systems, its effects on human health will become harder to ignore.”

Beginning with the Aug. 22 issue, the journal launched a new NEJM Topic, called [Climate Crisis and Health](#), where readers can learn more about how climate change is affecting health both broadly and through the lens of various medical specialties.

Dr. Salas is currently Affiliated Faculty and a former Burke Fellow at the Harvard Global Health Institute; a Yerby Fellow, Center for Climate, Health, and the Global Environment, Harvard T.H. Chan School of Public Health; and Clinical Instructor of Emergency Medicine at Harvard Medical School. She practices emergency medicine at Massachusetts General Hospital. She is the lead author of the [“2018 Lancet Countdown on Health and Climate Change Brief for the United States of America,”](#) published Nov. 28, 2018, and is serving as the lead author for the 2019 Brief.



Renee Salas, MD, MPH, MS

# MARK YOUR CALENDAR



**Oct. 15-16**

**Fall OSCEs for Year Two**

Cleveland Clinic

**Oct. 17 | 5 - 7:45 p.m.**

**The Annual Alice and Bert Lefkowich Celebration  
of Humanism in Medicine**

Samson Pavilion, Health Education Campus

**Oct. 22 | 7:30-11 a.m.**

**New Faculty Orientation and Role Fair**

Cleveland Clinic, Lerner Building NA1-138

## Advancing Our Mission

The Education Institute welcomes donations to advance its mission of educating those who serve. Individuals, families, foundations and corporations that believe in the value of education are making a difference in the future of patient care with their generosity. To learn how you can help, please contact Theresa Holthaus at 216.444.1839 or at [holthat@ccf.org](mailto:holthat@ccf.org).

## Alumni: Share Your News

We'd like to hear about what you've been doing since graduation. If you have news to share (maybe you're involved in an interesting research project or you recently returned from a global health mission), please email Laura Greenwald at [greenwl@ccf.org](mailto:greenwl@ccf.org).

# InSight

Laura R. Greenwald, MBA,  
Managing Editor

Lauren Taras, Writer

Mary Reagan, Art Director