Cleveland Clinic



Cleveland Clinic Lerner College of Medicine

Improving Health for Vulnerable Populations

Lutheran Hospital is leading the way with its Hispanic Health Clinic

A group of CCLCM students, Cleveland Clinic staff and community leaders gathered recently to celebrate the work of Lutheran Hospital's Hispanic Health Clinic and inspire philanthropy to expand much-needed services.

Coordinated by the Cleveland Clinic Philanthropy Institute, the event was hosted by Cleveland Clinic Trustee Jose Feliciano and Lutheran Hospital Board Chair Lorraine Vega. Several key leaders, including Donald Malone Jr., MD, Lutheran Hospital President; Leonor Osorio, DO, the Hispanic Health Clinic's founder; Miriam Perez, MD, pediatrician; and Diana Gueits, Office of Diversity and Inclusion, shared their perspectives on the very real healthcare needs within the Latino community and the center's vision for improved population health.

"Addressing this historically overlooked population is overdue," says Daniel Moussa ('21), who attended the event in hopes of gaining a better understanding of the dynamics of healthcare outside of medical practice.

Since 2013, the Hispanic Health Clinic has served as an important medical home to the many Spanish-speaking residents of Ohio City, Brooklyn and Tremont. This area is home to 45,000 Puerto Ricans, contributing to an overall Hispanic population of 23.3 percent, significantly higher than the rest of Cuyahoga County (4.4 percent) and the state (2.7 percent). The area includes many poor, "high-need" people, with substantially higher rates of obesity, smoking, high blood pressure, chemical dependency, congestive heart failure and diabetes than the rest of Ohio. Significant socio-economic barriers to healthcare deter many local Hispanics from establishing medical homes, seeking out primary and preventive healthcare, and accessing free health and wellness resources.

Lutheran Hospital's most recent Community Health Needs Assessment confirms that local Spanish-speaking communities need more affordable, accessible and bilingual healthcare. Patients and families need a safe space where they feel understood, their culture is appreciated and language barriers are knocked down.



From left to right: Paola Barrios ('21); Daniel Moussa ('21); Donald Malone Jr., MD, President of Lutheran Hospital; Janet Adegboye ('20); and Frank May ('21)

"As a Hispanic immigrant myself, I very much relate to the difficulties one faces when trying to receive healthcare in a new country, where cultural differences and language separate, rather than unite, you and the healthcare system," says Paola Barrios ('21).

The goals of the clinic are to provide a care environment for the entire family, address primary and chronic care needs, and offer prevention strategies to promote wellness for all generations. But philanthropic dollars are needed to help achieve these goals and to expand services such as patient navigation, patient education programming, community outreach and intergenerational care models.

The clinic already partners with churches, community stakeholders and the Cleveland Clinic main campus to promote community outreach programs such as Victory in Pink (an event with breast health screenings and education), Celebrate Sisterhood (a program dedicated to empowering women of color to embrace self-care), and Tu Familia, Su Salud (a free health fair for Hispanic families).

"As a future physician, I want to be able to help bridge the gap by closely working with this particular population," says Paola. "I'm excited to get involved with the Hispanic Health Center."

NEWS















John McAfee

Elizabeth Shay Anne Song

ng Carol Swetlik

James Witten

Neil Mehta, MD

CCLCM Students School Academic Leaders on ePortfolio

Several CCLCM students did an incredible job representing CCLCM at the Mastery Transcript Consortium earlier this year.

The students — John McAfee ('20), Elizabeth Shay ('20), Anne Song ('18), Carrie Swetlik ('19) and James Witten ('19) —participated on the Student Portfolio Panel, which was designed to help convince schools to explore the possibility of creating a curriculum void of tests, lectures and ranks.

Carrie spoke about the competency-based formative assessment approach, the learning portfolio and why she felt CCLCM was the best choice for her.

"It was a great experience, and I'm excited we had the opportunity to share

our approach to learning with other schools," says Carrie.

The audience, which consisted of heads of schools, academic deans and college counselors from 30 independent high schools around the country, were impressed by the maturity and insight reflected in Carrie's responses to many tough questions, according to Neil Mehta, MBBS, MS, Assistant Dean of Education Informatics and Technology, who attended the consortium.

"They were struck by the honesty and authenticity of the discussion," he says.

Dr. Mehta shared that one head of school later told him, "Next time I have to choose a doctor, I will look to see if they trained at CCLCM!"

Apply Now for the Annual Scholarship in Teaching Award

The Scholarship in Teaching Award was developed to recognize educators' outstanding scholarly contributions to medical education. Submit a description of your work for rigorous review by a committee of faculty researchers and educators. Projects that meet Glassick's criteria for scholarship in teaching [Glassick CE. Acad Med 2000; 75: 877-80] will be selected for the award.

Deadline for submission is Dec. 6, 2016.

Get details, including a description of an educational contribution that fulfills the criteria for scholarship and a link to the application.

Awardees will be honored at the Case Medical School Education Retreat on April 27, 2017.

Questions? Contact Diane R. Dowd, PhD, Assistant Director of Student Assessment, at caml@case.edu.

HoloLens App Wins International Science Competition

Case Western Reserve University and Cleveland Clinic captured the top honor in the immersive virtual reality and augmented reality category in the 2016 Jackson Hole Science Media Awards competition for the HoloLens app. Called HoloAnatomy, the app allows viewers to get an inside view of the body.

HoloAnatomy beat out Google's Tilt Brush, a virtual reality program that lets users "paint" in 3-D, and Sir David Attenborough's Great Barrier Reef Virtual Reality Dive, a virtual reality dive into the Great Barrier Reef.

Read the entire article.



CCLCM Faculty: Patient Safety & Quality Tip How to Establish a True Medication List

Jennifer Kriegler, MD Discipline Leader, Neurology

I always ask patients which over-thecounter and natural supplements/ vitamins they may be taking. So many people don't include these in their medication list. It is essential to know how much and how often patients are taking these because many vitamins/ supplements can cause neurological problems. For example, taking too many OTC analgesics (more than two days per week) can lead to frequent headaches.

ACCOLADES



James K. Stoller, MD, MS, was presented with the Maria & Sam Miller Professional Excellence Award for Master Educator at the annual professional staff dinner on Sept. 9.

Sponsored by the Miller family, the award is among several that are presented annually to Cleveland Clinic physicians, nurses, scientists and other professional staff who demonstrate exemplary service and dedication to excellence.

The Excellence Awards are given to those who epitomize leadership, talent, innovation, commitment and outstanding outcomes. Recipients are nominated by their peers and selected by a committee of Cleveland Clinic leaders.

In addition to serving as Chairman of the Education Institute, Dr. Stoller is the Associate Chief Learning Officer at Cleveland Clinic. He also serves as a professor of organizational behavior at Case Western Reserve University's Weatherhead School of Management and, in 2015, was honored with the Annual Scholarship in Teaching Award by CWRU School of Medicine.

Congratulations, Dr. Stoller!

Students Share Projects at Annual Lepow Research Day

Congratulations to the Lerner College of Medicine students who submitted an abstract to the Case Western Reserve University Lepow Medical Student Research Day on Aug. 18, 2016.

Christina Snider ('20) presented her poster on the impact of radiotherapy and gross-total resection for ependymoma in young children: A populationbased study.

Two Lerner College of Medicine students were selected for an oral presentation:

- Lauren Banaszak ('17): CRISPR/Cas9-induced DNM3TA mutations in the K562 human leukemic cell line as a model of DNMT3Amutated leukemogenesis
- Patrick Flanigan ('18): Macrophage migration inhibitory factor downregulation: A novel mechanism of resistance to anti-angiogenic therapy

The event's keynote speaker, Jackson T. Wright Jr., MD, PhD, presented on a quarter century of clinical trials in the management of hypertension, especially in minorities.

Research Day is an annual tradition at CWRU School of Medicine to foster interest in medical student research and to provide an opportunity for students to describe their work in a poster or oral presentation.



Christina Snider



Lauren Banaszak



Patrick Flanigan

ROUND UP



Janet Adegboye



Paola Barrios



Katharina Clore-Gronenborn



Christine Doherty



Aaron Dunn



Joshua Golubovsky



Bryan Hair



Catherine Ituarte



Anne Kim



Lauren Larkin





Ruth Imrie, MD

CCLCM Students Contribute to a Healthy Community

Several CCLCM students volunteered to help with health screenings at a health fair on Cleveland's west side on Aug 13: Janet Adegboye ('20), Paola Barrios ('21), Katharina Clore-Gronenborn ('20), Christine Doherty ('21), Aaron Dunn ('21), Joshua Golubovsky ('21), Bryan Hair ('21), Catherine Ituarte ('19), Anne Kim ('20), Lauren Larkin ('21) and Frank May ('21).

Ruth Imrie, MD, thanked the students for welcoming and encouraging good healthcare for the Hispanic families that visited Cleveland Clinic's Children's tent. "Your enthusiasm and good humor were much appreciated—especially on that hot and humid morning!" she said.

Cheryl Cairns, DNP, CPNP, RN, APN Coordinator for Community Pediatrics at Cleveland Clinic, remarked on how engaged the medical students were. "They were creative in how they discussed BMI, asthma, healthy eating habits and fitness with the children and their families," she says, adding that "they led by example by getting up and dancing and having fun."

The fair was sponsored by Esperanza, a community organization serving the academic needs of Hispanics in Greater Cleveland

ALUMNI NEWS



Dr. Louis Ross to Serve as Chief Resident

Louis Ross, MD ('12), a fifth-year neurosurgery resident at Cleveland Clinic, will serve as Chief Resident in Neurosurgery beginning in July 2017. He has spent this past year conducting research.

Congratulations, Dr. Ross, on this prestigious accomplishment!

Philanthropic Giving

The Education Institute welcomes donations to advance its mission of educating those who serve. Individuals, families, foundations and corporations that believe in the value of education are making a difference in the future of patient care with their generosity. To learn how you can help, please contact Amy Kubacki, Senior Director of Development, at 216.636.5024 or at kubacka@ccf.org.

MARK YOUR CALENDAR

October 18-19, 2016 Fall OSCEs for Year Twos Cleveland Clinic

October 25, 2016 | 7:30-11 a.m. New Faculty Orientation Cleveland Clinic, NA3-57

Nov. 21, 2016 CWRU Education Retreat CWRU, Tinkham Veale University Center

Alumni: Share Your News

We'd like to hear about what you've been doing since graduation. If you have news to share (maybe you're involved in an interesting research project or you recently returned from a global health mission), please email Laura Greenwald at greenwl@ccf.org.

Laura R. Greenwald, MBA, Managing Editor Melissa Kus, Writer Thomas A. Fenn, Art Director

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