



InSight

Cleveland Clinic Lerner College of Medicine

February 2017

New Series Addresses Healthcare in the Middle East

CCLCM students who are interested in healthcare in the Middle East can participate in a new lecture series featuring faculty from Cleveland Clinic Abu Dhabi, via Skype. Coordinated by Alan L. Hull, MD, PhD; Sawsan Abdel-Razig, MD, the Director of Medical Education at CCAD; and Alex Cantrell ('20), the series will cover a variety of topics.

The first session was held Jan. 10 and featured E. Murat Tuzcu, MD, a cardiologist serving in Abu Dhabi, who gave students an overview of the UAE healthcare system and how Cleveland Clinic Abu Dhabi fits into it.

"I learned that Cleveland Clinic Abu Dhabi was interested in teaching medical students, and I was excited at the prospect of learning from providers who have a cultural environment of practice and patient population different from ours in Cleveland," says Alex.

Future topics include:

- Patient experience (Feb. 7)
- Intercollaborative practice: opportunities and challenges (Feb. 14)
- Social/cultural aspects of healthcare
- Professionalism and the cultural context
- Instilling a culture of safety

"Interest in the series is growing as attendees share their experience with their peers," says Alex.

For details, contact Alex at cantrew@ccf.org.



Alan L. Hull, MD, PhD



Alex Cantrell ('20)



Enhance Your Skills in Teaching or Simulation Education

Two one-year fellowships are available through the Education Institute for qualified Cleveland Clinic candidates:

Medical Education Fellowship

This one-year, project-based, longitudinal experience focuses on developing excellence in the areas of teaching, assessment and curriculum development. In addition to monthly tutorial sessions and participation in the Essentials Program for Health Professions Educators, each fellow will identify a mentor who will provide advice and guidance through completion of an educational project. The Education Institute will support (through inter-institute transfer) a negotiated 20 percent effort of the selected staff member during the fellowship year (Sept. 1, 2017 – Aug. 31, 2018). Deadline for applications is Friday, March 3. Contact the Office of Educator Development at stiberm@ccf.org or Colleen Colbert, PhD, Director of the OED, at colberc2@ccf.org.

Simulation Research Fellowship

This one-year Interprofessional Fellowship in Simulation and Advanced Skills Training is a project-based, longitudinal experience that enables a fellow to conduct research regarding simulation. Ancillary benefits will be exposure to developing, operating and managing a simulation program. The fellowship is open to qualified professional staff and nursing and allied health professionals. Professional staff candidates are expected to have successfully completed scholarly work in their own fields. The Education Institute will support (through inter-institute transfer) a negotiated 20 percent effort of the selected fellow during the fellowship year (Sept. 1, 2017 – Aug. 31, 2018). Deadline for applications is Friday, March 3. [Learn more.](#)

Faculty Updates

Matthew Kroh, MD, current Clerkship Director for Surgery, is headed to Cleveland Clinic Abu Dhabi to chair the Digestive Disease Institute there. His plan is to add education and research to their strong clinical program. Dr. Kroh will still be part of the main campus team, returning to Cleveland for one week every quarter. Robyn Stewart, MD, who has been serving as Associate Clerkship Director for Surgery since 2010, will now serve as Clerkship Director.



Matthew Kroh, MD



Robyn Stewart, MD

Camille Sabella, MD, has stepped away as Associate Clerkship Director for Pediatrics but will stay on as Director of Core 2 (which includes Pediatrics and OB/GYN). Sangeeta Krishna, MD, who currently serves as a PBL Facilitator, will assume the role of Associate Clerkship Director of Pediatrics.



Camille Sabella, MD



Sangeeta Krishna, MD

In addition to her teaching roles, Director of CAPPs Development Alana Majors, PhD, will add another role to her list of responsibilities: Director of Self-Assessment Questions (SAQs). Dr. Majors will begin this role, which is new to CCLCM, in March 2017.



Alana Majors, PhD

Advance your leadership skills with an executive MBA

In collaboration with Case Western Reserve University's Weatherhead School of Management, the Clinic offers a deeply discounted executive MBA (EMBA) degree, designed to give eligible students the opportunity to advance their leadership and management skills. The program distinguishes itself from similar EMBA programs with classes in healthcare co-taught with faculty from Cleveland Clinic.

This 20-month program (three days/month) includes a 10-day International Study Experience. Classes begin in September.

Apply online by Wednesday, April 12. Cleveland Clinic caregivers should use waiver code DP2017 to waive the application fee. [Learn more.](#)

IN THE NEWS

CCLCM Highlighted for Addressing Physician Scientist Shortage

Too few medical students are pursuing MD-PhDs, putting at risk our nation's ability to bring scientific discoveries to the patient bedside. *The Chronicle of Higher Education* tackled this topic in an article called "The Need for More M.D.-Ph.D. Hybrids, and What Colleges Are Doing About It."

Because one of the barriers is the time it takes to complete a traditional MD-PhD program, some schools are trying to make it easier for students to become physician scientists. As an example, Francis S. Collins, MD, PhD, Director of the National Institutes of Health, pointed out the Lerner College of Medicine program, saying "The Cleveland Clinic example is a case of 'trying to blow thing [sic] up and start over.'"

CCLCM Executive Dean James B. Young, MD, and Alex Cantrell ('20) were both interviewed for the article, describing what the research year looks like and how the program helps students develop their career path early.

[The entire article, published Jan. 16, 2017, is available online for CHE subscribers.](#)



Jim Young, MD



Alex Cantrell ('20)



CCLCM Faculty: Three Questions

Dirk Hubmacher, PhD
PBL Facilitator

Q: What inspires you to teach?

My teaching is inspired by the great progress that has been made in understanding the complexity of biological systems and by the fascination that, despite their complexity, biological systems and, by extension, the human body, actually work. Breaking down that complexity and communicating the knowledge of biological concepts to students, while providing moments of humor and wonder, drive my teaching efforts. In addition, I enjoy learning myself, and I draw great excitement in preparing for PBL sessions and in learning from the medical students during PBL discussions.

Q: What's one lesson you wish you would have learned in college/medical school?

How to effectively balance the curiosity that drives my research efforts with the strategic planning to focus on fundable aspects of my research. I learned later, during my post-doc and as project staff here at Cleveland Clinic, how to inject pragmatism into my scientific drive to effectively proceed to the next step of my career. At the end, I found that my journey continues to be as exciting.

Q: If I weren't a physician at Cleveland Clinic and a faculty member at CCLCM, I would be

I would be conducting a professional symphony orchestra. Since I was little, I was exposed to music by playing in wind orchestras, and I eventually started conducting youth orchestras. I love to explore musical scores and guide musicians toward cultural and contextual understanding of musical pieces. Related to the first question, I enjoy breaking down the complexity of compositions for my musicians to understand the harmonic and rhythmic structure and to ultimately perform the music in concerts.



Lucky Ducks

“Be like a duck. Calm on the surface, but always paddling like the dickens underneath.”

--Michael Caine

On the last day before winter break, Kathleen Franco, MD, Associate Dean of Admissions & Student Affairs, brought in candy and small rubber ducks decked out in medical garb – lab coats, scrubs, stethoscopes – as a small holiday gift for the students. Her assistant, Darlene Gray, placed the ducks and candy in every single student mailbox in the student lounge.

Later that day, the students couldn't have been more surprised to find their student lounge swimming with ducks!

Medical School Survival Tip

According to Daniel R. Paull, MD, author of *So You Got Into Medical School... Now What? A Guide to Preparing for the Next Four Years*, “The tendency to procrastinate is rooted in unscheduled activities, so if you want to rid yourself of procrastination the key is to rid your life of unscheduled activities.”

There is no way to plan out your whole life, but scheduling the activities you know you must complete and that are important to you, such as working out, can be extremely helpful. Although it might sound silly, it can also be helpful to schedule some free time for yourself to do something spontaneous!

Patient Safety & Quality Tip:

Reduce your risk for bloodborne pathogen exposure

Nicholas Tripoulas, PhD
PBL Faculty



When working in a clinical setting, medical students need to understand and observe their surroundings to assure there are no sharps or uncapped needles present that could lead to accidental bloodborne pathogen exposure.

If you do experience an exposure, here's what to do (in this order):

1. Seek immediate medical attention.
2. File a [Safety Event Reporting \(SERS\) report](#) [the link is accessible via the Today page].

All safety is based on logical thinking, but sometimes students want to work fast. They need to understand that the hazards are real and not to throw safety to the back of their minds.

When it comes to bloodborne pathogen safety, unlike in the Western movies, cowboys don't win.

Educators Awarded Distinguished Educator Certificate

A group of Cleveland Clinic educators have completed all the requirements for the Distinguished Educator Level I Program during the year ending December 2016, and have received a certificate of achievement.

The group participated in “Essentials Program for Health Professions Educators” sessions focused on teaching, assessment, curriculum development and other teaching skills. They then completed a pre-observation reflection, an observed educational session with written feedback, and a post-observation reflection.



L. Tricia Bravo, MD



Christopher Kovacs, MD



Suzanne Schroeder, BS,
MT (ASCP)



Maidana Vacca, MD



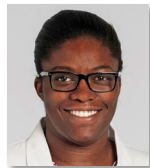
Lauren Bruwer, BSN,
RN, PCCN



Mitali Das, PhD



Charles Sturgis, MD



Oloruntosin Adeyanju, MD



Holle Aungst, AuD

Please be sure to extend your congratulations to these colleagues for their dedication toward becoming exceptional educators! Cleveland Clinic educators: [Learn more about educator development opportunities.](#)

ROUND UP



CCLCM Hosts Cleveland Arts Prize Winner

On Dec. 5, David Lucas, MFA, PhD, winner of the Cleveland Arts Prize 2016 Emerging Artist Prize in Literature, presented “Attempt at a Mythology,” in which he discussed how lyric poems can make and unmake myths of their own.

Dr. Lucas is a poet, full-time lecturer in the Department of English at Case Western Reserve University and lecturer at CCLCM. He co-founded the Brews + Prose reading series at Market Garden Brewery in Ohio City. His first book of poems, entitled “Weather,” earned the 2012 Ohioana Book Award for Poetry.

This lecture was hosted by CCLCM; the Cleveland Clinic Arts & Medicine Institute; the Program in Medical Humanities of the Center for Ethics, Humanities & Spiritual Care at Cleveland Clinic; and the Cleveland Arts Prize.

ALUMNI UPDATE

News from Johns Hopkins

This Class of 2015 group, all in residency at Johns Hopkins Hospital in Baltimore, gathered to celebrate the birth of Adekunle Fuad Adeyinka Elegbede Jr., son of Adekunle Elegbede, MD ('15) and his wife, Morolake Kuteyi.

From left to right: Seffy Muller, MD (CWRU '15, Med-Peds); son Benji; Keren Muller, MD ('15, Pediatrics); Jeff Gershen; Leah Dickstein Gershen, MD ('15, Neurology); Morolake Kuteyi; Adekunle Elegbede, MD ('15, Plastic Surgery); infant son Adekunle Jr.; Danielle Eytan ('15, Otolaryngology); and husband Kevin Ziegler.



Philanthropic Giving

The Education Institute welcomes donations to advance its mission of educating those who serve. Individuals, families, foundations and corporations that believe in the value of education are making a difference in the future of patient care with their generosity. To learn how you can help, please contact Amy Kubacki, Senior Director of Development, at 216.636.5024 or at kubacka@ccf.org.

MARK YOUR CALENDAR

March 6-8, 2017

LCME Site Visit

March 13-24, 2017

CCLCM Capstone
Cleveland Clinic

March 17, 2017

Match Day
Dean's Comments: 11:30 a.m.
Opening of the Envelopes: Noon
Reception following
CWRU, Tinkham Veale Student Center

March 24, 2017

Sixth Annual CCLCM-wide
Student Research Day
Cleveland Clinic

March 27-30, 2017

Spring OSCEs for Year Twos
Cleveland Clinic

Alumni: Share Your News

We'd like to hear about what you've been doing since graduation. If you have news to share (maybe you're involved in an interesting research project or you recently returned from a global health mission), please email Laura Greenwald at greenwl@ccf.org.

Laura R. Greenwald, MBA, Managing Editor

Melissa Kus, Writer

Thomas A. Fenn, Art Director

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