

InSight

Cleveland Clinic Lerner College of Medicine

April 2018

Residency is Coming!

That was the sentiment on the custom t-shirts worn by the Lerner College of Medicine graduating students for Match Day, which, according to leadership at both Case Western Reserve University School of Medicine and the Cleveland Clinic Lerner College of Medicine, exceeded all expectations. They praised the students for their grit and determination as the students anxiously waited for the biggest moment of their medical school careers.

On March 16 at 11:59 a.m., the countdown began. Some students scooted to the edge of their seats, eager to open their match letters and find out where they would be going for their residencies. At noon sharp, they dashed toward the tables of sealed envelopes.



continued >>

View the entire [Match list](#),
and [see Match Day photos](#)
[on Cleveland.com](#).

Residency is Coming!

continued

Amidst all the chaos, Hannah Robinson tore open her match letter, her face beaming with excitement and relief all at once. She matched to Duke University Medical Center in Internal Medicine and is planning a trip to New Zealand to celebrate.

Jacob Christ was relieved to find out he had matched to his number one choice: University of Washington Affiliated Hospitals in Obstetrics-Gynecology. He is thrilled to begin this new journey and reconnect with his significant other, who is currently in Washington.

The top residency program chosen by CCLCM students this year is Internal Medicine, followed by Neurosurgery and Pediatrics. Of the program's 31 graduates, seven are staying in Ohio for their residencies, and five of those students will train at Cleveland Clinic. Of the 195 total Case Western Reserve University School of Medicine graduates (which include the Lerner College Program, University Program and MD/PhD Program), 15 are coming to Cleveland Clinic for training.

Destinations for the 2018 graduates include such prestigious organizations as Brigham & Women's Hospital; Children's Hospital of Philadelphia; Cleveland Clinic; Duke University; Hospital of the University of Pennsylvania; Massachusetts General Hospital; Stanford Health Care; and University of California, Los Angeles.

Matching to these esteemed organizations is a testament to the students' achievements and to the faculty and administrative support found at CCLCM.

View the entire [Match list](#), and [see Match Day photos on Cleveland.com](#).

The Lerner College of Medicine graduating class will be honored by their families, faculty, staff and fellow students on Saturday, May 19, at 6 p.m. at the InterContinental Hotel. A reception will follow after the ceremony. The students will formally graduate on Sunday, May 20, from Case Western Reserve University School of Medicine, at which time they will receive their degree that reads "Medical Doctor with Special Qualifications in Biomedical Research."

Rebecca Achey and Frank Cikach are two of the five students who matched to Cleveland Clinic, Rebecca in Neurological Surgery and Frank in Thoracic Surgery. Both expressed excitement about the learning opportunities waiting for them in their first year.

Said Frank, "I'm so excited to start in the OR and learn more about my future job!"



PATIENT SAFETY & QUALITY TIP: Dangers of OTC Meds



Elizabeth Menefee, MD

Co-director, Art and
Practice of Medicine

When I talk with families about creating a safe home environment for their child or loved one, I always discuss the importance of locking up over-the-counter (OTC) medications, such as acetaminophen (Tylenol) or ibuprofen (Advil). Many families are surprised to learn that these OTC medications can be dangerous, or even deadly, if taken in excess. It's important to educate patients and families about the possible dangers of such medications in their homes.



Dr. Elizabeth Menefee

COMMUNICATIONS TIP: Set a Visit Agenda



Brian Schroer, MD

Associate Director, Communication Skills

Who likes meetings? What's more, who likes to attend a meeting at which you have no idea what will be discussed? No one, including patients. Collaboratively set a visit agenda by asking the patient to summarize their list of concerns. Then mention the topics you need to discuss with them. Before starting the clinical visit, confirm with your patient that the agenda is complete.



Dr. Brian Schroer

NEWS

Executive Leadership Changes

Dr. James Young Named Chief Academic Officer

James B. Young, MD, has been appointed Chief Academic Officer for Cleveland Clinic, overseeing enterprise education and research. Because of the duties involved in this new expanded role, Dr. Young will transition from his role as Executive Dean of CCLCM, a position he has held since 2008, when he succeeded the inaugural dean, Andrew Fishleder, MD. He will also transition from his role as the Endocrinology and Metabolism Institute (EMI) Chairman, a position he has also held since 2008.



Dr. James B. Young

Dr. Young joined Cleveland Clinic in 1995. He will continue to practice as a heart failure and transplant cardiologist in the Heart and Vascular Institute as well as serve as a Physician Director in the Philanthropy Institute. Dr. Young is the co-founder of the Kaufman Center for Heart Failure and holds the George and Linda Kaufman Chair.

Dr. J. Harry Isaacson Named Interim Executive Dean

In light of Dr. Young's appointment to Chief Academic Officer for Cleveland Clinic, **J. Harry Isaacson, MD**, has graciously accepted the role of Interim Executive Dean of CCLCM. Within CCLCM, Dr. Isaacson most recently held the position of Assistant Dean for Clinical Education.

In addition to his roles in CCLCM, Dr. Isaacson oversees the Professionalism Program within the Office of Professional Staff Affairs. He has been the physician lead for the Professionalism Council since it was founded in 2012. He will continue his internal medicine practice within the Cleveland Clinic Community Care Institute. He joined Cleveland Clinic in 1993.



Dr. J. Harry Isaacson

Congratulations, Drs. Young and Isaacson, on these tremendous professional accomplishments.

Dr. Craig Nielsen Named Interim Assistant Dean for Clinical Education

Craig Nielsen, MD, CCLCM Associate Director for Clinical Education and former Internal Medicine Residency Program Director, has agreed to expand his role in the college program to oversee all aspects of clinical education while J. Harry Isaacson, MD, serves as the Interim Executive Dean. Dr. Nielsen will continue to practice internal medicine and serve as Vice Chair for Internal Medicine and Deputy Editor for the *Cleveland Clinic Journal of Medicine*.



Dr. Craig Nielsen

Seniors Prepare for Residency with Capstone Course

WEEK 1

The Capstone rotation, which began on March 12, kicked off with a brief orientation by Alan L. Hull, MD, PhD, Director of the Capstone program, and Debbie Schuster, Program Coordinator. Next, Jeremy Lipman, MD, presented on “How to Be an Effective Intern,” elaborating on the new roles and responsibilities that the graduating students will assume in their new positions and explaining specific behaviors that are important to being an effective team member. Following the large group session, Dominykas Burneikis, MD (Surgery Chief Resident); Charles Kwon, MD; Sarah Davidson, MD; and Abby Spencer, MD, MS, led small group discussions with graduating students who were

planning to match to Medicine, Surgery or Pediatrics, giving them specific tips on how to be an excellent intern in those areas.

Later that morning, Richard Prayson, MD, held a session called “NRMP: Match Review,” to prepare students for what to expect on Match Day and how to prepare for the Supplemental Offer and Acceptance Program (SOAP) in the event a student didn’t match. Students had the rest of the day free to complete activities around graduation (such as the Exit Interview and questionnaires) and the transition to residency (e.g., housing leases), and to socialize with their CCLCM colleagues.

To help prepare our graduating students for their first year of residency — no matter where they go or which specialty they enter — and to provide a final curriculum experience, they participate in a Capstone rotation. The graduating Class of 2018 completed their two-week rotation in March.

On Tuesday all the students met in the Cleveland Clinic Simulation and Advanced Skills Center to begin several days of skill-building exercises. The small group sessions focused on building both cognitive skills (such as antibiotic survival strategies, on-call problems and patient handoffs) and technical skills (such as laparoscopic knot tying, ultrasound use and wound care). Later that day, students met with James B. Young, MD; Kathleen Franco, MD; and Dr. Prayson to discuss class suggestions to improve the CCLCM Medical Student Performance Evaluation (MSPE, also known as the “Dean’s Letter”).

The day concluded with an optional game of whirlyball, traditionally hosted by the CCLCM year 1 class, which offered casual fun and a diversion from the hard work during Capstone.

On Wednesday and Thursday the students participated in ACLS and PALS training and certification at the Simulation and Advanced Skills Center. Students were kept very busy in these intensive activities to help distract them from the stress of thinking about the upcoming Match, on March 16.

At the end of the first week of the Capstone rotation, students participated in Match Day. View the [2018 Match results](#).





WEEK 2

On Monday of week two, J. Harry Isaacson, MD; Susan Rehm, MD; and Cheryl O'Brien, RN, JD, facilitated a discussion on "Playing by the Rules: What Every Intern Needs to Know About State Medical Boards, Licensure and Malpractice." The interactive course is designed to help students reduce professional risk and avoid medical malpractice. Dr. Isaacson and Leonard Calabrese, DO, concluded the Monday morning session with a program on professionalism. Students returned to the Simulation and Advanced Skills Center on Monday afternoon for additional skill-building activities.

On Tuesday, March 20, students attended a session on graduation requirements, presented by

Tanya Moore, MBA; and Sade Jackson. The team reviewed graduation requirements and the events that lead to the graduation activities on May 19 and 20. Elizabeth Myers, MEd; and Karen Wright facilitated a financial management workshop for students, covering such topics as debt management, loan repayment and preparing for financial security.

In between the morning and afternoon sessions, the students enjoyed a luncheon hosted by the Cleveland Clinic Alumni Association. Dale Shepherd, MD; Bradley Gill, MD ('12); and Katie Eurich underscored the importance of staying connected after graduation.

The final series of skill-building activities at the Simulation and

Advanced Skills Center were offered on Wednesday and Thursday.

Students and their significant others had the option of participating in a session on Stress Management and Relationship Survival on Wednesday evening with Dr. Franco. Because stressful times take over more often than not, coping strategies are critical to maintaining healthy relationships in a hospital setting and at home.

To end the first week, graduating students presented their posters and oral presentations as part of the annual CCLCM-wide Research Day. The keynote speaker for the day was Aaron Viny, MD, MS ('09). The posters and presentations by students

represented the work they completed during their research year. (See "Seniors Present Their Research Work.")

Each year, our students rate the Capstone program as being informative and helpful in their preparation for residency. Not only does the program help them build their skills, but it also gives them one last chance to spend time with their classmates before graduation.

Thank you to the faculty, staff and residents who helped plan and conduct the sessions. Your time and effort give our graduating students confidence as they embark on their career in medicine.

See news update on this story >>

HOT OFF THE PRESS UPDATE

Seniors Prove Their Preparedness



Clare Landefeld



Stephen Raithel



Just three days after the graduating seniors completed their Capstone rotation, two of the students were headed to Patagonia for a hiking vacation. During a layover in the Toronto airport, Clare Landefeld and Stephen Raithel were eating in the cafeteria when they saw a gentleman collapse on the floor. They promptly ran over, evaluated him and started chest compressions. An Automated External Defibrillator, or AED, was deployed, and Stephen and Clare administered at least five more rounds of chest compressions and shocks, ever mindful of proper airway management. By the time the paramedics arrived, the gentleman was no longer gasping for air and was able to speak.

Both Clare and Stephen would like to emphasize that their performance during this emergency medical situation is a testament to how incredible the CCLCM Capstone course is. They are incredibly grateful to the paramedics who taught the Basic Life Support and Advanced Cardiac Life Support sessions, and to the professionals in the Cleveland Clinic Simulation and Advanced Skills Center for preparing them for this type of scenario. They just didn't realize they'd have to use their skills so soon!

Kudos to Clare and Stephen for putting their new skills to the test and passing with flying colors, and to all the professionals that contributed to this happy ending.

Introducing Old Music to New Audiences



When Jeannette Sorrell was a child, she desperately wanted to play the piano. Her family, however, didn't own a piano, so Jeannette created a piano keyboard out of paper and taught herself the keystrokes. When she was older, she practiced on a friend's piano when her friend, who wasn't passionate about music, should have been practicing. From behind a closed door emerged beautiful music, and everyone (including her friend's parents) was happy, says Jeannette.

It's just that sort of grit and determination that led Jeannette to establish, in 1992, Apollo's Fire Baroque Orchestra, for which she serves as Artistic Director and, most recently, to be honored with the 2017 Cleveland Arts Prize in music. Jeannette shared her story with a CCLCM audience in a presentation hosted by the Cleveland Clinic Arts and Medicine Institute and the Lerner College of Medicine Program in Medical Humanities on Feb. 20, 2018.

After years of playing the piano, Jeannette discovered a passion for the harpsichord and for conducting. She developed a love of baroque music, especially when played with period instruments, and the baroque style of storytelling, where every artist plays a role in connecting with the audience. Every Apollo's Fire concert includes elements from theater, dance, history or sometimes politics, along with an element of surprise, she says.

What is not surprising is that music not only connects people and helps create a sense of community, but it also has been shown to provide numerous physical and emotional health benefits, such as reduced blood pressure, heart rate, stress and pain. Music can help elevate mood and improve sleep and cognitive performance.

Jeannette believes in breaking down the barrier that has developed between classical music and traditional folk music. If you're a follower of Apollo's Fire, you'll know that they play not only classical compositions but also music that celebrates Jewish and Arabic folk music traditions and the Celtic music roots of Appalachia.

Today, when many orchestras and opera and ballet companies are struggling, Apollo's Fire is going strong. In fact, their Carnegie Hall debut in March sold out the same day the tickets went on sale.

Learn more about [***Jeannette Sorrell and Apollo's Fire.***](#)

Students Present Their Research Work

At the Eighth Annual CCLCM-wide Research Day on March 23, these graduating students made oral presentations and presented their posters:



Frank Cikach:

Massive Aggrecan and Versican Accumulation in Thoracic Aortic Aneurysm and Dissection



Megan Morisada:

The Role of Radiation Therapy as an Adjuvant to Immune Checkpoint Inhibition in Head and Neck Squamous Cell Carcinomas (HNSCC)



Stephen Raithel:

Transcriptional Changes in Dorsal Spinal Cord Persist After Surgical Incision Despite Preemptive Analgesia with Peripheral Resiniferatoxin



Jessica Ray:

Immunological and Clinical Outcomes of HIV Exposed but Uninfected Infants: A Cohort Study in Kisumu District, Kenya



Hannah Robinson:

CD19/CD3 Bispecific Antibodies for Treatment of Chronic Lymphocytic Leukemia



Erin Sieke:

Does Macronutrient and Essential Fatty Acid Intake Impact Mental Health, Eating Disorder Severity, and Bone Health in Children and Adolescents with Anorexia Nervosa?



Alumni **Aaron Viny, MD, MS** ('09), served as the event's keynote speaker. He spoke on "Fate Decisions and Lineage Commitment in Hematopoiesis...and Medical Education."

STUDENTS AND FACULTY:

Be sure to email [Laura Greenwald](#) with news about your achievements so that we can share your terrific news with our entire education community!



Save the Date! Lerner College of Medicine Graduation

Please join us on Saturday, May 19, at 6 p.m. at the InterContinental Hotel to celebrate the achievements of the Lerner College of Medicine's 10th graduating class, the class of 2018.

Enjoy heavy hors d'oeuvres at the reception following the ceremony.

If you've not attended the graduation celebration before, please make plans to attend this uplifting event and show your support for our graduates.

SAVE THE DATE: LEPOW RESEARCH DAY

Mark your calendar for the 2018 Irwin H. Lepow Medical Student Research Day on Sept. 20, 2018, at the Case Western Reserve University Tinkham Veale University Center.

Peter Heeger, MD, will speak on the "Role of Complement in Medicine."

Dr. Heeger is Professor of Medicine, Director of Transplant Research and a member of the Immunology Institute and the Recanati Miller Transplant Institute at the Icahn School of Medicine at Mount Sinai in New York City. A former Cleveland Clinic physician, Dr. Heeger was a popular faculty member when CCLCM was first

established, and he co-founded the Hematology, Immunology and Microbiology Course for CCLCM.

For details about the event, contact Sharon Callahan at 216.368.6972 or email her at slc17@case.edu.

MARK YOUR CALENDAR

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|--------------------------|--|
| April 10-11, 2018 | Spring OSCEs for Year One, Cleveland Clinic |
| April 12, 2018 | Body Donation Memorial Service, InterContinental Hotel, Cleveland |
| April 24, 2018 | 7:30 – 11 a.m. New Faculty Orientation and Role Fair
Cleveland Clinic |



Philanthropic Giving

The Education Institute welcomes donations to advance its mission of educating those who serve. Individuals, families, foundations and corporations that believe in the value of education are making a difference in the future of patient care with their generosity. To learn how you can help, please contact Amy Kubacki, Senior Director of Development, at 216.636.5024 or at kubacka@ccf.org.

Alumni: Share Your News

We'd like to hear about what you've been doing since graduation. If you have news to share (maybe you're involved in an interesting research project or you recently returned from a global health mission), please email Laura Greenwald at greenwl@ccf.org.

InSight

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